

OsLekene 2022 SØNDAG 18.sep Revidert 15 sept

Lengde S - Sving Lengde L - Langside

| | G 10 | G 11 | G 12 | G 13 | G 14 | G 15 | G 16 | G 17 | G 18/19 | M Sen | | J 10 | J 11 | J 12 | J 13 | J 14 | J 15 | J 16 | J 17 | J 18/19 | K Sen | |
|-------|--------------|-------------------------|------------------------|----------------------------|----------------------|---------------------------|-------------------------|-------------------------|-----------|-------------|-------|-------------------------|------------------------|----------------------------|----------------------------|------------------------|------------------------|---------------|---------------------------|----------|----------------------|-------|
| 10:30 | | 5 60m hekk 68cm, 11-6,5 | | | | | | | | | 10:30 | | | | | | | | | | | 10:30 |
| 10:35 | | | | | | | | | | | 10:35 | 9 60m hekk 68cm, 11-6,5 | | | | | | | | | | 10:35 |
| 10:40 | Spyd 1 | Spyd 5 | 5 60m hekk 76,2cm 11-7 | | | | | | | | 10:40 | | | | | | | | | | | 10:40 |
| 10:45 | | | | | | | | | | | 10:45 | | 1 60m hekk 76,2cm 11-7 | | | | | | | | | 10:45 |
| 10:50 | | | | | | | | | | | 10:50 | | | | | | | | | | | 10:50 |
| 10:55 | | | | | | | | | | | 10:55 | | | 2 60m hekk 76,2cm 11,5-7,5 | 3 60m hekk 76,2cm 11,5-7,5 | | | | | | | 10:55 |
| 11:00 | | | | 1 60m hekk 76,2cm 11,5-7,5 | | | | | | | 11:00 | | 3 Steg 3 | 3 Steg 2 | 3 Steg 5 | | | | | | | 11:00 |
| 11:05 | | | | | | | | | | | 11:05 | | | | | | | | | | | 11:05 |
| 11:10 | | | | | | | | | | | 11:10 | | | | | | | | | | | 11:10 |
| 11:15 | | Diskos 2 | Diskos 2 | Diskos | Diskos | Diskos | Diskos | Diskos | Diskos | Diskos | 11:15 | | | | | 2 80m hekk 76,2cm 12-8 | 2 80m hekk 76,2cm 12-8 | | | | | 11:15 |
| 11:20 | | | | | 6 80m hekk 84cm 12-8 | | | | | 1 | 11:20 | | | | | | | | | | | 11:20 |
| 11:25 | | | | | 1 | | | | | | 11:25 | | | | | | | | | | | 11:25 |
| 11:30 | | | | | | | | | | | 11:30 | | | | | | | | 1 100m hekk 76,2cm 13-8,5 | | | 11:30 |
| 11:35 | | | | | | 2 100m hekk 91,4cm 13-8,5 | 100m hekk 91,4cm 13-8,5 | | | | 11:35 | | | | | | | | | | 100m hekk 84cm 13-8, | 11:35 |
| 11:40 | | | | | | | | | | | 11:40 | Kule 5 | Kule 8 | Kule 3 | Kule 2 | Kule 1 | Kule 1 | Kule 1 | Kule 1 | Kule 1 | Kule 3 | 11:40 |
| 11:45 | | | | | | | 110m 100 13,72-9,14 | | | | 11:45 | | | | | | | | | | | 11:45 |
| 11:50 | | | | | | | | 1 110m hekk 1 110m hekk | | | 11:50 | | | | | | | | | | | 11:50 |
| 11:55 | 80m 2 | | 3 Steg 4 | 3 Steg 4 | 3 Steg 4 | | | | | | 11:55 | | | | | | | | | | | 11:55 |
| 12:00 | | | | | | | | | | | 12:00 | 80m 4 | | | | | | | | | | 12:00 |
| 12:05 | | | | | | | | | | | 12:05 | | | | | | | | | | | 12:05 |
| 12:10 | | 200m 6 | | | | | | | | | 12:10 | | | | | | | | | | | 12:10 |
| 12:15 | | | | | | | | | | | 12:15 | | 200m 7 | | | | | | | | | 12:15 |
| 12:20 | | | | | | | | | | | 12:20 | | | 200m 3 | 200m 2 | | | | | | | 12:20 |
| 12:25 | | | | | | | | | | | 12:25 | | Høyde 11 | Høyde 1 | | 200m 5 | | | | | | 12:25 |
| 12:30 | | | | | | | | | | | 12:30 | | | | | | | | | | | 12:30 |
| 12:35 | | | | | | | | | | | 12:35 | | | | | | 200m | 200m 2 | 200m | 200m 1 | 200m | 12:35 |
| 12:40 | | | | | | | | | | | 12:40 | | | | | | | | | | | 12:40 |
| 12:45 | | | | | | | | | | | 12:45 | | | | | | | | | | | 12:45 |
| 12:50 | | | 200m 6 | | | | | | | | 12:50 | | | | | | | | | | | 12:50 |
| 12:55 | | | Spyd 1 | Spyd 200m 4 | Spyd 200m 3 | Spyd 1 | Spyd 200m | Spyd 200m | Spyd 200m | Spyd 200m 2 | 12:55 | | | Høyde 3 | Høyde 4 | Høyde 1 | Høyde 1 | Høyde | Høyde | Høyde 1 | Høyde 1 | 12:55 |
| 13:00 | | | | | | | | | | | 13:00 | | | | | | | | | | | 13:00 |
| 13:05 | | | | | | | | | | | 13:05 | | | | | | | | | | | 13:05 |
| 13:10 | | | | | | | | | | | 13:10 | | | | | | | | | | | 13:10 |
| 13:15 | | | | | | | | | | | 13:15 | | | | | | | | | | | 13:15 |
| 13:20 | | | | | 3 Steg | 3 Steg | 3 Steg | 3 Steg | 3 Steg | 3 Steg | 13:20 | | | | | | 3 Steg 1 | 3 Steg 1 | 3 Steg 1 | 3 Steg 1 | 3 Steg 1 | 13:20 |
| 13:25 | | | | | | 0 | 1 | 1 | 1 | 1 | 13:25 | | | | | | | | | | | 13:25 |
| 13:30 | | | | | | | | | | | 13:30 | | | | | | | | | | | 13:30 |
| 13:35 | | | | | | | | | | | 13:35 | | | | | | | | | | | 13:35 |
| 13:40 | Stafett 4x60 | Stafett 4x60 | Stafett 4x60 max 50 1 | Stafett 4x60 max 58 | | | | | | | 13:40 | | | | | | | | | | | 13:40 |
| 13:45 | | | | | | | | | | | 13:45 | Stafett 4x60 | Stafett 4x60 | Stafett 4x60 max 50 | Stafett 4x60 max 58 | | | | | | | 13:45 |
| 13:50 | | | | | 1500m 3 | | | | | | 13:50 | | | | 1500m | | | | | | | 13:50 |
| 13:55 | | | | | | 1500 2 | 1500 1 | 1500 | 1500 2 | 1500 1 | 13:55 | | | | | 1500m | 1500 | 1500 | 1500 1 | 1500 | | 13:55 |
| 14:00 | | | | | | 3000 1 | 3000 | 3000 | 3000 | 3000 | 14:00 | | | | | | 3000 | 3000 | 3000 | 3000 | 3000 | 14:00 |
| 14:05 | | | | | | | | | | | 14:05 | | | | | | | | | | | 14:05 |
| 14:10 | | | | | | | Stafett 1000m | Stafett 1000m | | | 14:10 | | | | | | Stafett 1000m | Stafett 1000m | | | | 14:10 |
| 14:15 | | | | | | | | | | | 14:15 | | | | | | | | | | | 14:15 |
| 14:20 | | | | | | | | | | | 14:20 | | | | | | | | | | | 14:20 |